



YOUR IDEAL SITUATION

The following questions are a guide to help you use your imagination as a resource to clarify what is important to you as you think about your future. Let your imagination run free as you think about your ideal situation.

WHERE: Where are you in this ideal situation? East coast? West coast? Midwest? South? Europe, Asia, Africa, South America, etc.

ENVIRONMENT: Try to describe your environment. Create a verbal picture of your physical surroundings. Imagine that a photographer is taking a video of your ideal situation, capturing your surroundings as you work, engage in a hobby, or just relax.

DOING: What are you doing in your ideal situation? What activities? What kinds of information are you working with? What kinds of people? What kinds of materials?

RESPONSIBILITIES: What kinds of things are you responsible for? What are the services you perform? For whom are you performing them?

CONTRIBUTION: Describe how you are contributing. What kinds of problems are you called upon to solve, to clarify or help deal with? What is the main value that you are delivering? What are you contributing to the situation?

RELATIONSHIPS: Describe the people that you interact with in your ideal situation. What are they doing? What are people talking about? What is your role in relation to these people? (friend, boss, colleague, advisor, volunteer, teacher, team member, etc?) How do these people react to you? Imagine that a reporter is interviewing the people in your ideal situation. What are they saying about you to the reporter?

ADJECTIVES: Imagine that these people think very highly of you. What three adjectives would they most frequently use to describe you?